



BAYOU CITY  
OUTDOORS

# #10 ESSENTIALS

## Camping

1

### TENT & FOOTPRINT (GROUND CLOTH)

Look for good ventilation with plenty of room. If you are car camping you don't need to scrimp on room and comfort. Buy a 3-season tent.

2

### SLEEPING PAD OR COT

Cots come in many sizes and ease of set up. Your sleeping pads with either self-inflate, inflate by blowing, or go all luxe and bring an air mattress which inflates from a car pump!

3

### FIRST AID & SUN & EMERGENCY

Make a kit with medications, blister tape, antibiotic wipe, sunscreen, whistle, snacks, chapstick & emergency numbers (just to be prepared)

4

### FOOD & DRINK

Be wary of glass containers at camping areas. You'll want a gas stove & bring your propane (small) bottles. With a 2-burner stove, the recipes can be unlimited. Or, look into a Dutch Oven.

5

### HIKING BOOTS & WATER SHOES

Don't forget your feet, they are going to carry you to the best spots. Woods, rivers, lakes or all three, be prepared (bring extra wool socks in case of wetness)

6

### LIGHT SOURCES

Headlamp with the red light option (stops you from blinding your friends at night) & buy a small tent lamp also.

7

### SLEEPING BAG & LINER

Sleeping bags with synthetic fill are typically less expensive than down and work just as well. Consider a bag liner to help regulate body temperature.

8

### KNIFE, PARACORD, NAVIGATION

Don't forget to throw in a little duct tape and maps, compass, trail guides, cell phone charger - solar if no electrical source,

9

### PERSONAL COMFORT ITEMS

Earplugs, camp shoes, book or kindle, baby powder, tea, chocolate, things that make you feel a little more comfortable or luxurious.

10

### CAMPFIRES

Remember to check with your camp area on burn bans and if you can purchase wood on site.