



BAYOU CITY
OUTDOORS

ALL WEATHER LAYERING ESSENTIALS

Hiking

1

HIKING PACK

(with water bladder) to carry all essentials; first aid, sunscreen, knife, compass, map, chapstick, tissue, just big enough for what you need.

2

BASE LAYERS

Lightweight silk turtleneck, silk sock liners, thin glove liners, light, long underwear if needed

3

HAT/CAP

I prefer a wool cap but will bring a sun hat if super sunny or very windy.

4

HIKING PANTS

My faves are Mountain Hardware with zip off bottoms. Skip any cotton pants, fleece pants will typically have zero wind protection.

5

WATERPROOF BOOTS

Good fit...in the summer I'll wear runners more than my boots. Winter time I want dry feet that a good pair of Goretex boots provides. My faves are Breeze by Vasque (they come in a wide size) No boots? Cover your feet with plastic bags over your socks.

6

WARM LAYERS FOR YOUR TORSO

Wool, synthetics, consider the breathability, you can get wind protection with your top layer.

7

TOP LAYER RAIN & WIND PROTECTION

Weather can change quickly, keep rain and wind protection stashed in your pack. You can use a small dry bag for a light down jacket storage

8

TEST YOUR GEAR!

Everyone handles cold, rain, hot differently. Are you buying for a trip? Start with basic layers, test them and then add more as needed. Remember that rain and wind will lower your core temperature very quickly. Staying dry and protected from the wind are musts!

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